



Safari Traveller Checklist for Kenya

## SAFARI TRAVELER CHECKLIST

One medium to large, or two medium-sized, soft duffel bags for luggage.

Hand luggage containing camera equipment, toiletries and one change of clothes (hand luggage that can also be used as a daypack on walks are the most suitable).

A money-belt containing all documents, cash etc.

### DOCUMENTS/PAPERS

- Passport - valid for at least a further six months
- Photocopy of passport (kept separately)
- 2 passport photos
- Vaccination card
- Any required visas
- Credit card(s)
- Travelers Checks
- Small diary and pen
- International plane tickets

### NEUTRALLY COLORED CLOTHES

- 4/5 t-shirts with short sleeves
- 2/3 pairs of shorts
- 2 sweaters or sweatshirts
- Socks
- Underwear
- Hankies/tissues
- 2 pairs casual trousers
- 2 long sleeve shirts
- 1 lightweight rain jacket
- 1 fleece jacket
- 1 pair good walking shoes
- 1 pair lightweight shoes
- 1 swimsuit
- 1 warm sleeping outfit
- 1 wide-brimmed hat

### TOILETRIES/MEDICINES

- Insect-repellant spray for the body
- 20 factor plus sunscreen
- Lip screen
- Moist towelettes
- Gatorade/rehydration powder
- Anti-diarrhea tablets
- Aspirin
- Generic antibiotics
- Anti-histamine tablets
- Plasters (band-aids) for blisters
- All prescribed medicines
- Shampoo/conditioner
- Moisturizer
- Small bottle of washing detergent for underwear
- Personal toiletries (don't forget your toothbrush and toothpaste!)

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## EQUIPMENT

- Small torch (flashlight)
- Camera, lenses, extra batteries, cleaning fluid, beanbag tripod and dustcover
- 100-400ASA film (at least 2 rolls x 36 photos per day)
- Binoculars
- Field-guide book(s)
- Prescription glasses and sunglasses (bring prescription glasses even if you normally use contacts)

If only traveling to Hemingways then the packing list is much easier! Clothes should still be lightweight but you may wear as bright a colour as you choose. We also provide toiletries such as shampoo and body lotion etc. We would suggest more than one swimsuit; you won't need a fleece or warm sleeping outfit and our evenings are a bit more dressy so do bring along a smart trousers for men and pretty dresses or outfits for ladies. We are also located near several shops and a doctors clinic and so general supplies and medicines are easily obtainable which they are not when on safari.

## SUGGESTED READING

There is a huge amount of excellent reading material about East Africa. A basic background knowledge of the area will increase your holiday enjoyment; these are only a few suggestions. Please note that publishers may vary from country to country.

### LIGHT READING TO PROVIDE AN INTRODUCTION TO THE AREA INCLUDE:

- *Nine Faces of Kenya* compiled by Elspeth Huxley (introductory primer to East African history and settlement)
- *Out of Africa* by Isak Dinesen (autobiography)
- *Flame Trees of Thika* by Elspeth Huxley (autobiography)
- *Man-eaters of Tsavo* by Colonel Patterson (autobiography)
- *Kenya – The First Explorers* by Nigel Pavitt (biography)
- *I Dreamed of Africa* by Kuki Gallman (autobiography)
- *White Mischief* by James Fox (biography)
- *Happy Valley, The History of the English in Kenya* by Nicholas Best (history)
- *West with the Night* by Beryl Markham (autobiography)
- *Silence will Speak* by Errol Trzebinski (biography)
- *Kenya Cowboy* by Peter Hewitt (autobiography)
- *Africa, A Biography of the Continent* by John Reader

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##### POPULAR BOOKS PUBLISHED BY LONG-TERM ANIMAL RESEARCHERS INCLUDE:

- *Among the Elephants* by Iain Douglas-Hamilton (Northern Kenya)
- *Elephant Memories* by Cynthia Moss (Amboseli, Kenya)
- *The Serengeti Lion* by George Schaller (Serengeti, Tanzania)
- *Portraits of the Wild* by Cynthia Moss (Amboseli, Kenya)
- *Solo, An African Wild Dog* by Hugo Van Lawick (Serengeti, Tanzania)
- *Coming of Age with Elephants* by Joyce Poole (Amboseli, Kenya)
- *Through a Window* by Jane Goodall (chimpanzees, Tanzania)
- Books concerning the peoples of East Africa include:
- *The Peoples of Kenya* by Joy Adamson
- *Vanishing Africa* by Mirella Ricciardi

##### FIELD GUIDES: (LIGHT-WEIGHT FOR TRAVELING)

- *The Kingdon Field Guide to African Mammals* by Jonathon Kingdon. Published by Academic Press, San Francisco.
- *A Field Guide of the Larger Mammals of Africa* by Jean Dorst and Pierre Dandelot. Published by Collins, London.
- *Wild Flowers of East Africa* by Michael Blundell. Published by Collins, London.
- *A Field Guide to the National Parks of East Africa* by John G. Williams and Norman Arlott. Published by Collins, London
- *A Field Guide to the Birds of East Africa* by John G. Williams and Norman Arlott. Published by Collins, London.

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